



www.taylorjoymurray.co

Taylor Joy Murray

AUTHOR & SPEAKER

MEDIA KIT

Hi, I'm Taylor Joy!

WRITER | AUTHOR | SPEAKER

I have a Biblical Studies Certification from the International Bible College Torchbearers and a degree in Christian Leadership and Church Ministries from Liberty University. I am currently completing my Masters Degree in Clinical Mental Health Counseling.

One of my greatest joys is studying Scripture and teaching from the overflow of my own personal walk. I am passionate about serving and equipping my generation in the areas of emotional health and spiritual formation. I would love to partner with you!



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@_taylorjoy_



@taylorjoymurray



SPEAKING TOPICS

- ✓ Moving towards wholeness in Christ (utilizing spiritual formation & psychological principles)
- ✓ Allowing God to rewrite our stories
- ✓ Healthy emotional processing
- ✓ Healing from anxiety
- ✓ Engaging in a deeper journey with God & others



(in)courage

Global Living



Proverbs 31
MINISTRIES

PIONEERS

Ways to Partner



KEYNOTE SPEAKER

Invite me to speak at your conference, church, or large group gathering.



RETREAT FACILITATOR

Invite me to facilitate your women's or student's retreat.



PODCAST GUEST

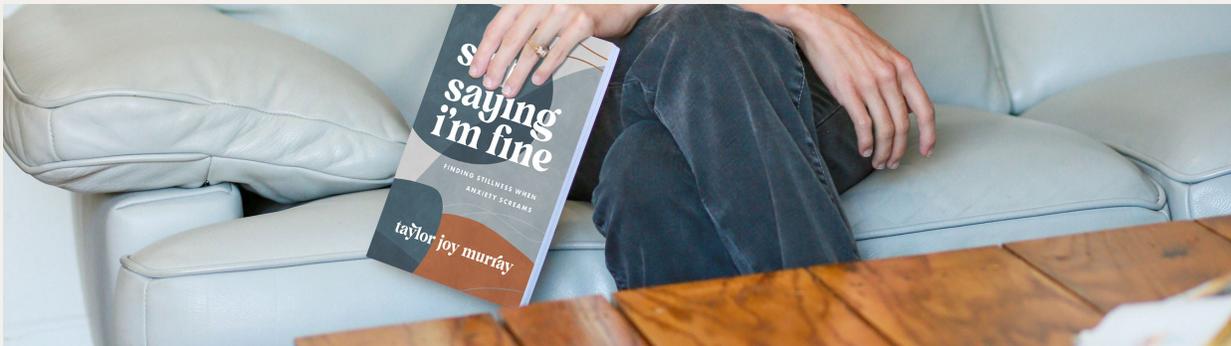
Invite me to be a guest speaker on your podcast.

The Book



STOP SAYING I'M FINE: FINDING STILLNESS WHEN ANXIETY SCREAMS

Stop Saying I'm Fine is a generational call to honesty, healing, and a spiritual hunger that defies superficial Christianity. We'll dig beneath the bedrock of our anxiety into the pain of our experiences, and together we'll learn how to connect to the stillness that exists beneath the chaos, finding that the wholeness and healing we long for isn't as distant as it may seem.



“Wow. This book may be the book that moves a generation to strip off its mask and defeat one of its greatest enemies: anxiety.” - David Yates, author & producer of *Dolphin Tale* movies

Reader Testimonials

“Taylor's writing touches my innermost being. These are the thoughts of my soul.”
Mary R.

“Taylor's writing caused my eyes to swell with tears...those questions, those thoughts...all the things I've thought and beat myself up over.”
Bobbie W.

“When I started reading this book I started writing down lines that resonated, and whilst still reading the introduction realised I would have to buy a physical copy so I could highlight it and make notes. I felt seen, known, understood, in ways that no one has ever made me feel before.”
Katie H.

“I started listening to you reading this book with the plan of doing one chapter...instead I listened to the whole book at once! I took the day to soak in your vulnerability and God's invitation to me.”
Karri H.

“Words to read over and over again. Words by a wise, contemplative soul.”
Amy B.

Resources

WWW.TAYLORJOYMURRAY.CO

I'm passionate about developing resources that equip you to live fully and reflectively, within deep community. Visit my website for more information and pricing!



COURSE

Does the chaos of anxiety flood your life, your mind, & your soul?

16 Weeks to Finding Stillness is a self-paced online companion course to *Stop Saying I'm Fine*, designed to help you move towards your anxiety in order to move through it. We'll walk this journey together and as we do, move toward God and discover the stillness that can exist beneath the chaos.

GROUP GUIDE

The *Stop Saying I'm Fine* Journey Group is a 10-week small group experience, where you and your group will be able to:

- Read *Stop Saying I'm Fine* together
- Turn the concepts of the book into your own experiential and transformative inward journey in community



WHO I WORK WITH

I work with churches, schools & college campuses, youth & women's ministries, conferences, podcast hosts, Christian blogs, and other platforms who are passionate about investing in and developing the next generation.

WHAT YOU CAN EXPECT

1. Prompt, professional responses to your phone calls & emails.
2. A personal call with Taylor prior to your event, so she can better understand how she can best serve you and your audience.
3. Quick follow-up communication after the event, to make sure Taylor met your expectations.



GET IN TOUCH

Interested in checking my availability to speak at your event, conference, retreat, or be a guest on your podcast? Let's connect! I would love to hear from you.

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